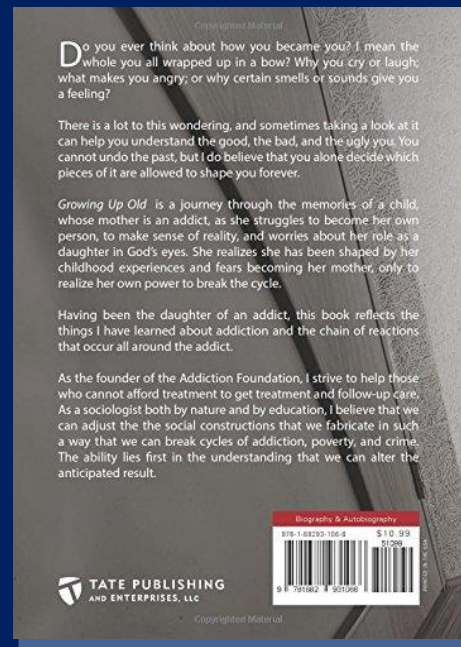
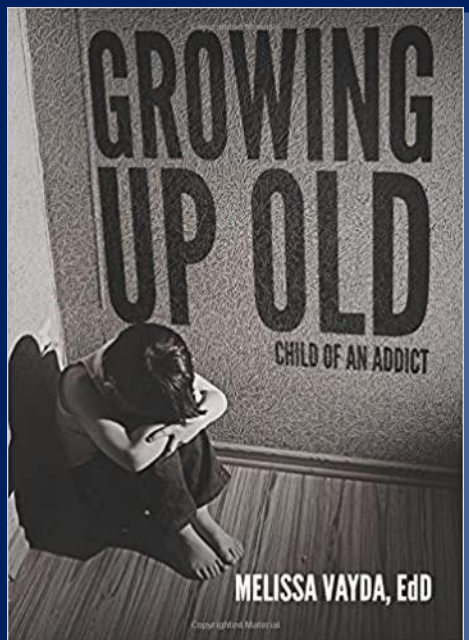




Dr. Melissa Vayda shares a candid personal story, about trauma and loving someone with an addiction. ***Growing Up Old: Child of an Addict*** is a journey through the memories of a child whose mother was an addict, as she struggles to become her own person and make sense of reality. She shares her journey so others know they are not alone and can find their way to a peaceful life sooner.



Book can be purchased through amazon or for \$10.00 on *payment page* of Transformational Therapy website, www.drmelissavayda.com or through an email inquiry to transform@drmelissavayda.com.